

**17U Advanced Daily Schedule  
July 9-14, 2023**

**Sunday**

2:00pm - 3:50pm	Check In
4:10pm - 4:30pm	Parent Meeting
5:30pm - 6:30pm	Dinner
7:40pm - 8:40pm	Ice Time
9:00pm - 10:00pm	Activity

**Monday - Thursday**

8:30am	Wake Up
9:00am - 9:30am	Breakfast
9:30am - 10:30am	Dryland
11:10am - 12:20pm	Ice Time
12:45pm - 1:15pm	Lunch
1:15pm - 2:15pm	Activity
2:40pm - 3:40pm	Ice Time
4:00pm - 6:00pm	Rec Center
6:30pm - 7:30pm	Dinner
8:00pm - 9:30pm	Ice Time

**Friday**

8:30am	Wake Up
9:30am - 10:00am	Breakfast
10:00am - 10:20am	Activity
11:00am - 11:50am	Game

Updated 1/21/23