

**Advanced 14U Daily Schedule**  
**July 9 - 14, 2023**

**Sunday**

2:00pm - 3:50pm	Check In
4:10pm - 4:30pm	Parent Meeting
5:15pm - 6:45pm	Dinner
6:40pm - 7:40pm	Ice Time
8:00pm - 9:00pm	Fieldhouse

**Monday - Thursday**

8:00am	Wake Up
8:30am - 9:00am	Breakfast
9:30am - 10:00am	Off Ice Training
9:10am - 10:10am	Half Group/Multi Purpose
10:20am - 11:00am	Ice Time
11:00am - 12:00pm	Half Group/Multi Purpose
12:15pm - 12:45pm	Lunch
1:20pm - 2:30pm	Ice Time
2:45pm - 4:00pm	Rec Center
4:30pm - 5:50pm	Ice Time
6:15pm - 6:45pm	Dinner
7:00pm - 8:30pm	Activity

**Friday**

7:45am	Wake Up
8:30am - 9:00am	Breakfast
9:40am-10:40am	Game

Updated 1/21/23